

# Grantham Meres Main Pool Timetable - Summer Holidays 2023

Jul-23

		06.00-06.30	06.30-07.00	07.00-07.30	07.30-08.00	08.00-08.30	08.30-09.00	09.00-09.30	09.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	20.00-20.30	20.30-21.00	21.00 - 21:30	21:30 - 22:00
Monday	Main Pool	Triathlon Club 4 lanes	Lane Swimming (07:00-08:00) x 6lanes	Lane Swimming (08:00-09:00) x 6lanes	Swim School		* Junior Activity Club/ Lane Swim	Lane Swimming (1215-1315) x 4 lanes				* Junior Activity Club/ Lane Swim	Swim School														Swimming Club 18:30 - 19:30	Aqua 19:30 - 20:15	Water Polo Club 20:30 - 22:00				
		Swimming (06:00-07:00) x 4 lanes			Lane Swimming x 4lanes	Family Splash		Aqua 12:15 - 13:15	Family Splash																Lane Swimming 18:30 - 20:30 (4 lanes)								
Tuesday	Main Pool	Swimming Club 4 lanes	Lane Swimming (07:30-09:00) x 6lanes		Lane Swimming x 4lanes	* Junior Activity Club/ Lane Swim		Lane Swimming x 4lanes	* Junior Activity Club/ Lane Swim		Swim School														SS - Rookies 18:00-19:00	Swimming Club 19:30 - 21:30							
		Lane Swimming (06:00- 07:30) 4 lanes			Swim School		Family Splash	Goodboost 12.15-13.00	Family Splash																Lane Swimming 18:30 - 20:30 (4 lanes)		Swim club						
Wednesday	Main Pool	Swimming Club 4 lanes	Lane Swimming (07:30-09:00) x 6lanes		Lane Swimming x 4 lanes	* Junior Activity Club/ Lane Swim		Lane Swimming x 4lanes	* Junior Activity Club/ Lane Swim		Swim School														Lane Swim 18:30 - 19:30 4 lanes			Lane Swim 21:00 - 22:00 8 Lanes					
		Lane Swimming (06:00- 07:30) 4 lanes			Swim School		Family Splash	Fun "N" Floats	Family Splash																Swim School Adults	Lane Swimming 19:30 - 21:00 (4 lanes)							
Thursday	Main Pool	Swimming Club 4 lanes	Lane Swimming (07:30-09:00) x 6lanes		Lane Swimming x 4lanes	* Junior Activity Club/ Lane Swim		Swimming x 6lanes (1215- 1315)	Aquafit (1315-1400)	Senior Swim 14.15- 15.30		Swim School														Lane Swimming 18:00 - 19:30 (4 lanes)	Lane Swimming 19:30 - 21:00 - 2 lanes	Water Polo Club (21:00 - 22:00)					
		Lane Swimming (06:00- 07:30) 4 lanes			Swim School		Family Splash																			Swimming Club 18:00 - 19:30	Swimming Club 19:30 - 21:00 6 lanes						
Friday	Main Pool	Swimming (06:00-07:00) x 4lanes	Lane Swimming (07:00-08:00) x 6lanes	Lane Swimming (0800 -0900) x 6lanes	Lane Swimming x 6lanes	* Junior Activity Club/ Lane Swim		Lane Swimming x 4lanes	* Junior Activity Club/ Lane Swim																Lane Swim 16:30 - 18:00 (x 4 lanes)	Lane Swimming 18:00 - 21:00							
		Swim Club 4 lanes			Fun N Floats!		Family Splash																Swimming Club 18:30 - 19:30		Swimming Club 19:30 - 21:00								
Saturday	Main Pool	Triathlon Club 4 lanes	Swim School				Lane Swimming (1100- 12:30) x 4 lanes	Lane Swimming (13:00- 14:30) x 4 lanes		Lane Swimming (15:00- 16:30) x 4 lanes																							
		Swimming (07:00-07:00) x 4 lanes			Family Splash		Family Splash		Family Splash																								
Sunday	Main Pool	Swim School				Lane Swimming (10:30- 12:00) - 4 lanes	Lane Swimming (12:30- 14:00) - 4 lanes		Lane Swimming (14:30- 16:00) - 4 lanes		Swimming Club 16:30 - 20:00 - 8 lanes																						
				Lane Swimming (08:00-0900) x 6 lanes	Lane Swimming (09:00-10:00) x 6 lanes	Family Splash		Family Splash		Family Splash																							

For swim information or available spaces on swimming lessons

phone 01476 581930, go to [www.leisuresk.co.uk](http://www.leisuresk.co.uk)

To book your swim session please visit [www.leisuresk.co.uk](http://www.leisuresk.co.uk) or book

through the LeisureSK app

\* Junior Activity Club and Lane Swimming will alternate each week - please check our website/ app to book.

Please check centre opening times over the August Bank Holiday weekend - 26th -28th August.

